



Omega fatty acid balance is essential to good health.

Omega fatty acids are known as essential fatty acids because they cannot be synthesized in the body and must be provided in the diet.

Omega fatty acids are split into two categories: omega-6 and omega-3 fatty acids. Both are necessary but it is the amount of both of these acids relative to each other that is most important for overall health.

Modern diets tend to include ingredients that are high in omega-6 and low in omega-3 fatty acids, throwing the critical 6 to 3 ratio out of whack.

Supplementing with a high-quality omega-3 fatty acid brings that ratio back into balance and supports reduced levels of damaging inflammation.

OMEGA-3 FATTY ACIDS

Available Size:

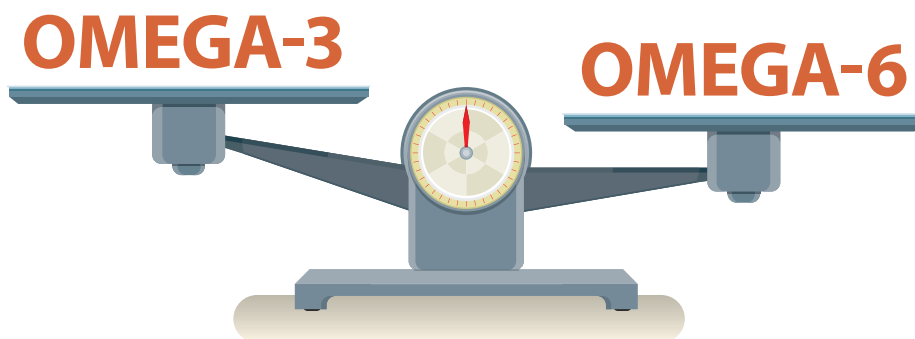
- **1 gallon** (3.8 liters) jug
(contains 128 1-ounce servings)

Ingredients:

Fish oil, flaxseed oil, vitamin E supplement, natural and artificial flavors; preserved with mixed tocopherols.

Guaranteed Analysis:

	Per 1 oz.
Crude fat (Min.)	27.8 g
Total omega-3 fatty acids	10,780 mg
Eicosapentaenoic (EPA)	3,210 mg
Docosahexaenoic (DHA)	2,320 mg



Research conducted at Texas A&M provided additional evidence that supplementation with marine-sourced omega-3 supports lower markers of inflammation in arthritic joints.



Learn more about the nutrients that support healing and recovery in horses.